



**Jesus was preparing his Disciples to go from being Consumers of HIM to be being Creators FOR HIM!  
That transition was going from being disciples to discipling!**



**PART 1- LAST SUPPER  
SELFIES ARE  
EVERYWHERE..**

**Week 1:**

**Luke 22 Going from  
Consumers to Creators!**

# HOW WE DO WHAT WE DO IS AS IMPORTANT AS WHAT WE DO.

- Jesus Hung out with fishermen...
- What has gone on over the weekend is not about getting rid of a bad and illegal President in Venezuela, but doing so in a manner that honors Country's sovereignty as well as individual rights. Why did Maduro get detained while defenseless people maybe fishermen are getting double tapped? If we can do what we did, what stops China from doing the same in Taiwan, or Russia from Ukraine despite the treaties Russia had with Ukraine after the fall of the Soviet Union?
- God is calling us to love others authentically, but to do so on His terms. Making disciples, not respecting of persons, but trusting God to bring those he calls to us... and being ready to give content!

# THE LIFE OF A CONSUMER

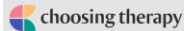
- Doom Scrolling, Rabbit holes, Finding really funny, inspiring information, Checking in with family, getting dopamine hits, but not doing anything with what we see...
- We do have to consume to survive... but we are what we choose to eat... Eve and Adam Chose the wrong tree...
- As Christians we must choose to partake of the right tree and the sacrifice on it, to be like him...

Doomscrolling: Definition, Effects, & How to Stop

## Why Is Doomscrolling so Addictive?

From what we know about the brain, doomscrolling fulfills essential human needs for survival, safety, knowledge, instant gratification, and control. Some may feel addicted to scrolling because they feel closer to the answers they seek. Unfortunately, not every problem has a solution, or we may not like the answer we find.

Either way, our brains tell us to keep going.



## ADHD & DOOMSCROLLING

- ➔ Endless scrolling despite feeling negative
- ➔ Time-blindness and hyperfocus while scrolling
- ➔ Frequent impulses to check phone and social media repeatedly
- ➔ Craving constant stimulation provided from social media
- ➔ Social media is designed to provide endless novel content which fuels more doomscrolling



# **DOPAMINE**

## **DETERMINES CREATIVE IDENTITY**

**DOOMSCROLLING**

**JUNK FOOD DOPAMINE**



**IDENTITY: CONSUMER**

**CREATIVITY**

**HEALTHY DOPAMINE**



**IDENTITY: CREATOR**

**Week #1 What controls us?  
Sometimes we don't see it..**

**Why did Peter deny Jesus? This  
is an important question...How  
do we deny Jesus?**

**With our time!**

**With our obsessions!**

**LUKE 22  
PRACTICAL ASPECTS OF  
DISCIPLESHIP?**

**Week 1:**

## Luke 22

### **Week 1**

1. Preparing the Passover- The Jewish Routine of deliverance- Points to Jesus.
2. The Lord's Supper- Consuming his flesh!

### **Week 2**

3. Who Is Greatest- Wrong Question to Ask...
4. The Garden of Gethsemane- John's Version... Puts it into perspective... I pray for those who will believe because of them!

### **Week 3**

5. Jesus Betrayed by Judas- Not like Peter... WHY!!!!
6. Jesus' Arrest- Peter's Denial... and tears...

### **Week 4**

7. Jesus before the Sanhedrin... Selfies with the Enemies...

## Luke 22 Going from Consumer to Creators...

### **Week 1**

1. Prepare the Message/Sacrifice. Know the Gospel for yourself... Jesus is our Passover.
2. Know/Call your team & Teach them. Eat the word, take it in...

### **Week 2**

3. Spend time with them doing extraordinary Who is the Greatest... God is!
4. Let others Confirm your gifts and identity. Authority has been given to us... no need to confirm it yourself.. Let your works do that... The poor have the gospel preached to them..

### **Week 3**

5. Know your limits. Jesus had to let Judas go...
6. Stay on Message. Peter didn't

### **Week 4**

7. Send forth with the message. It will be hard... They attack me, they will attack you... make sure how you act trusts God to take care of you!

## PREPARING THE PASSOVER

**1** Now the Feast of Unleavened Bread, which is called the Passover, was approaching. **2** And the chief priests and the scribes were trying to find a way to put Him to death, since they were afraid of the people. **3** And Satan entered Judas, the one called Iscariot, who belonged to the number of the twelve. **4** And he left and discussed with the chief priests and officers how he was to betray Him to them. **5** And they were delighted, and agreed to give him money. **6** And so he consented, and *began* looking for a good opportunity to betray Him to them away from the crowd.



## LUKE 22: 1-23 CONTINUED

<sup>7</sup> Now the *first* day of Unleavened Bread came, on which the Passover *lamb* had to be sacrificed. <sup>8</sup> And so Jesus sent Peter and John, saying, “Go and prepare the Passover for us, so that we may eat *it*.” <sup>9</sup> They said to Him, “Where do You want us to prepare *it*?” <sup>10</sup> And He said to them, “When you have entered the city, a man carrying a pitcher of water will meet you; follow him into the house that he enters. <sup>11</sup> And you shall say to the owner of the house, ‘The Teacher says to you, “Where is the guest room in which I may eat the Passover with My disciples?”’ <sup>12</sup> And he will show you a large, furnished upstairs room; prepare *it* there.” <sup>13</sup> And they left and found everything just as He had told them; and they prepared the Passover.

# THE LORD'S SUPPER

<sup>14</sup> When the hour came, He reclined *at the table*, and the apostles with Him. <sup>15</sup> And He said to them, "I have eagerly desired to eat this Passover with you before I suffer; <sup>16</sup> for I say to you, I shall not eat it *again* until it is fulfilled in the kingdom of God." <sup>17</sup> And when He had taken a cup *and* given thanks, He said, "Take this and share it among yourselves; <sup>18</sup> for I say to you, I will not drink of the fruit of the vine from now on until the kingdom of God comes." <sup>19</sup> And when He had taken some bread *and* given thanks, He broke it and gave it to them, saying, "This is My body, which is being given for you; do this in remembrance of Me." <sup>20</sup> And in the same way He took the cup after they had eaten, saying, "This cup, which is poured out for you, is the new covenant in My blood. <sup>21</sup> But behold, the hand of the one betraying Me is with [d] Mine on the table. <sup>22</sup> For indeed, the Son of Man is going as it has been determined; but woe to that man by whom He is betrayed!" <sup>23</sup> And they began to debate among themselves which one of them it was who was going to do this.



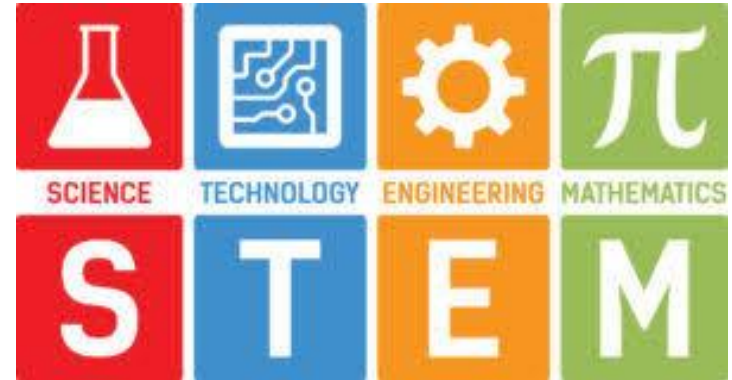
## **PREPARE THE MESSAGE/SACRIFICE.**

- **Preparation is part of the Process** of being a follower of Christ... They had to prepare for the Routine of the Last supper. We have to build on healthy routines... And remember that Jesus is our Passover.
- **Know the Message.** Do what you see God doing for you. What is God's unique Message to you and from you?
- Mine is seeing how things connect, and amplifying God's Unique fingerprint and voice in each one he calls.



# **KNOW/CALL YOUR TEAM & TEACH THEM**

- **The Lord's Supper-** Consuming His Narrative- the good news.
- **Know/Call your team & Teach them...**  
God did the heavy lifting to get them to him. He had a shingle up.. Teacher come follow me... What is our Shingle?
- My Shingle is as a Christian STEM educator that has a heart of K-12 STEM education in the inner city.



# APPLYING WHAT WE KNOW:

Questions Designed to help up NOT STAND STILL, but to MOVE where God is calling us. To use the preparation he has already given us:

**Week 1:** Luke 22: 1-23 Preparing the Passover, and the Last Passover meal.

- What Dopamine hits do we need to avoid that keep us locked in as consumers of things that are not HIM, rather than Creators/Makers/Doers for God's kingdom?
- What is your Shingle? What are the things God is calling you to move on?
- What are you going to do RIGHT now to support your calling in this area?
- How can the Church help you with this?