



Life Church Sermon Sheet:

Date: Sunday, December 30, 2018

Rev. M. Dixon

Title: **A transforming Mindset is an Intentional Game Plan Rom. 12:1-12**

From Faith to action plan thinking big and growing big in our love and actions. .

1. We are in no longer in Advent...but we are continuing our focus on Prayer.
 - a. What Advent is (3 weeks ago)... Preparation for a celebration of FREEDOM and Identity in a spirit of Patience and a growth mindset.
 - b. How an Advent Prayer mindset looks (2 weeks ago)
 - c. How we can support each other in getting a plan to have our lamps filled (Last Week).
2. Prayer is a component for Us Being Fulfilled in our identity and Free in God's Kingdom. Being Healthy... to be healthy we need: 1. Vision and buy in for that vision- Need, 2. A plan with the skills and resources we need to fulfill that plan and 3. Assessment and internalization of the process making what we do natural.
 - a. God's Priority on all things- He sets the rules He is our Coach, our Lord but we have to seek and do what He says...
 - b. A plan that gives us order and needed discipline and skills needed to achieve the vision. Healthy Discipline leading to Self Discipline... Showing your true love...
 - c. Assessment that shows that God has our Full attention.... Not just partial sometimes... Routines & organization... that establish the routines and create safe environments... so that our walk in internalized and natural based on Love, not idolatry. Feeling Loved and loving others....
3. Our Game Plan in the new year – to be better? God doesn't want us to be better, he wants us to make Him our coach! Our Lord! The one with the best game plan for us! Even when we come up short.
 - a. **Invite God in to be Coach... Do not make plans without Him! Proverbs 29:18 NASB**
Where there is no vision, the people are unrestrained, But happy is he who keeps the law. The Pharisees were in the spiritual gym business, but not the good kind, the kind that makes people feel bad about themselves because of how they look on the outside. God cares about being truly healthy, not just 6 pack abs, but being able to run a marathon, to be better next month than last month, not how you look but what you can become for God.

Here I am going to treat you as part of the team... Being

b. **What 3 things do you feel God is calling you to make Him your Coach around... pray meditate.**

1. _____
2. _____
3. _____

c. **Prioritize those 3 things He has given you (if less than three focus on what you have if none, pray intentionally for what God wants you to focus on, even if it is just spiritual health.**

d. Understand we are not of this world and the World will tear us down and try to hack our brain. Do not be unaware of what Our enemy is trying to do to us...

e. **Commercial Break:** Cracking Approval and Brain Hacking in Media. So far we have talked about a growth mindset, then about being like a child and doing the little things before Christmas (like praying or making our beds), asking from the heart, and this week we are going to delve into a plan with a body to help us. Media has it's ways, we should not be unaware of them, but to combat the materialism very common at Christmas time, as well as brain hacking of the world, we need each other to get busy living, not busy dying. https://virtual.axis.org/social-media/?inf_contact_key=e04c3b462aeace944f2335e6ff7cc4b53d40f242b279af0b9bbe310378eb937a

4. It must begin with me... My theme is to get healthy...3 things to do:

a. Get up early and Seek his Face. (#1 Priority)

i. Be transparent- get the Physical. Find out my glucose count, my Cholesterol, etc.

ii. DO my list...

iii. Track what I do as a priority with goals and rewards & consequences.

b. Pray 3 times a Day. (#3 priority)

c. Write 30 Min a day. (#2 Priority)

d. **What is your vision? What Need/incentive do you need to reach that goal... Memory health Grades, college, use of gifts, etc. do you need?**

Vision? _____

e. Incentive? _____

5. What areas do you feel your brain has been hacked? _____

6. How can you over come that? _____

7. Prayer List: What areas of your life do you need to pray for?_

a. _____

b. _____

c. _____ let's start with these so you have a list to pray for as we continue to put God's Word and Kingdom into practice.

