

## Face Your Problems

| <b>Monthly Objective</b> | <u><b>Goals</b></u>   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
|--------------------------|---|----------|-------------|---------------|------------------|--------------|-------------|-----------------|--|----------------|--|------------------|--|
| <b>Content</b>           | We enjoy knowing Jesus without Fear, Inadequacy, Guilt or Shame (FIGS). We Face Our Problems. We don't allow FIGS to hinder us from acknowledging our shortcomings and difficulties before God and others.  |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| <b>Skills</b>            | Learn to Meditate on God's Word<br>Joshua 1:8   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| <b>Scriptures</b>        | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Psalm 32</td> <td style="width: 50%;">John 9:1-12</td> </tr> <tr> <td>John 16:31-33</td> <td>Matthew 11:28-30</td> </tr> <tr> <td>1 John 1:5-9</td> <td>1 Peter 5:7</td> </tr> <tr> <td>Hebrews 12:1-13</td> <td></td> </tr> <tr> <td>Romans 8:31-39</td> <td></td> </tr> <tr> <td>Galatians 6:1-10</td> <td></td> </tr> </table> | Psalm 32 | John 9:1-12 | John 16:31-33 | Matthew 11:28-30 | 1 John 1:5-9 | 1 Peter 5:7 | Hebrews 12:1-13 |  | Romans 8:31-39 |  | Galatians 6:1-10 |  |
| Psalm 32                 | John 9:1-12   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| John 16:31-33            | Matthew 11:28-30  |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| 1 John 1:5-9             | 1 Peter 5:7   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| Hebrews 12:1-13          |   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| Romans 8:31-39           |   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| Galatians 6:1-10         |   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| <b>Group Assignment</b>  | <p>Complete the Self-Assessment Survey for yourself. Prayerfully ask God to reveal strengths and areas for growth.</p> <p>Remember, the self-assessment survey is a personal tool; it is not to be handed in.</p> <p>You can track our growth and progress by re-taking the survey over time.</p>   |          |             |               |                  |              |             |                 |  |                |  |                  |  |
| <b>Homework</b>          | Commit to and take an active step towards growth in a specific area. Pray and seek instruction from the Lord, teaching and wise counsel.  |          |             |               |                  |              |             |                 |  |                |  |                  |  |



Date: \_\_\_\_\_

Please Use This as a Tool to Help You Consider Strengths and Challenges in Various Areas.

Please DO NOT Turn in a Written Copy. Instead, Let's Talk about Your Self-Assessment.

How Would You Evaluate The Following Areas in Your Life? (It's Okay, Be Honest)

Please Select the Number That Best Describes Your Experience - On a Scale of 0-12, where 0 is Very Poor and 12 is Very Good.

#### Relationship with God

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

#### Relationship with Spouse (If Applicable)

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

#### Relationship with Family

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

#### Relationship with Friends, Co-Workers, Colleagues, Others

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Physical Health

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Mental and Emotional Health

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Finances

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Personal Character Development

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Work, School or Career

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Ministry, Serving Others and Sharing Your Faith

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Prayer and Hearing from God

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Worship

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Reading, Hearing and Studying the Word of God

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Applying the Word of God in Your Life

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Fellowship with Christian Believers

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Spiritual Gift Development

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

### Sabbath, Rest and Vacation

|           |   |   |      |   |   |      |   |   |      |    |    |           |
|-----------|---|---|------|---|---|------|---|---|------|----|----|-----------|
| 0         | 1 | 2 | 3    | 4 | 5 | 6    | 7 | 8 | 9    | 10 | 11 | 12        |
| Very Poor |   |   | Poor |   |   | Okay |   |   | Good |    |    | Very Good |

Comments: \_\_\_\_\_

Are You Struggling with any Issues or Secrets that Concern You or Could Potentially Hinder in any way your Relationship with God or Witness for Christ? Please Describe:

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How Can We Pray For You?

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